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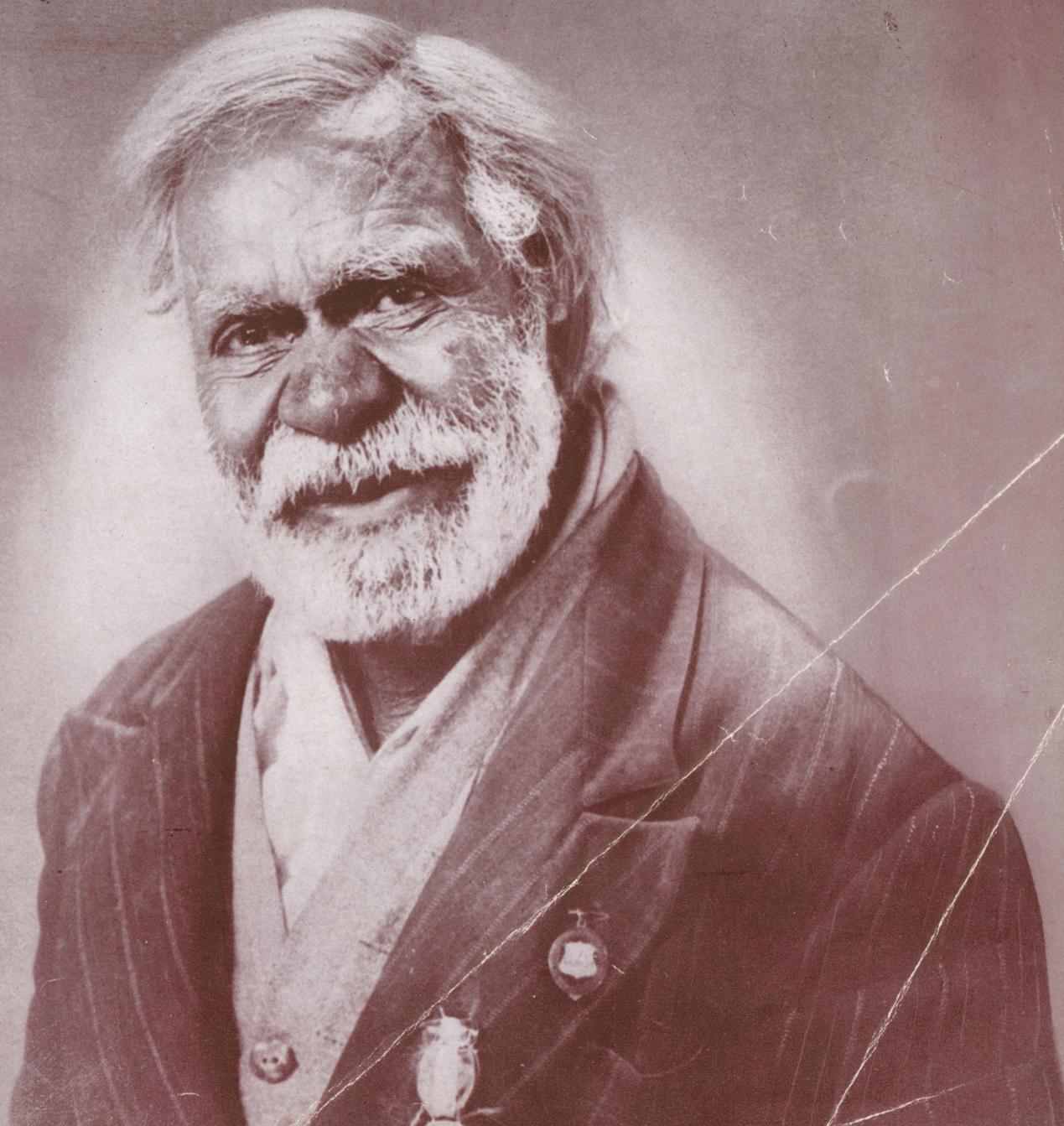


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A MAGAZINE FOR THE ABORIGINAL PEOPLE OF N.S.W.

APRIL, 1957





Our Cover . . .

This excellent study by D. Sephton, well known Wellington photographer portrays Mudgee's grand old man, Harry Phillips. (See story inside.)



"DAWN"

is a monthly magazine produced by the N.S.W. Aborigines' Welfare Board for the Aboriginal people of New South Wales.

Editor: E. COLIN DAVIS, F.R.E.S.

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The "How" and "Why" of Saving

Reasons why you should save

Written specially for *Dawn* by an Officer of the Commonwealth Savings Bank.

All of us, no matter from what walk of life we come, naturally wish to enjoy life to the full. We want comfort and friendship. We want security for our old age, better things for our children. Above all we want to enjoy living.

As we all realise, to achieve that enjoyment we need money. Now many a wise man will tell you that there can be no real prosperity without thrift. That means, of course, as far as you and I are concerned, that we must save some of our money for a future time when we shall need it more than we do today.

Naturally you will want to know "why" you should save, and "what" you should save for.

The reason "why" you should save is simple enough—there are always people you love, your children, your family, who need things. You can save for them.

For instance, you may be a young man or woman about to be married. You will need to save for the things you want in your home—even small things like toasters, or sets of pots and pans. There are big things too, like sewing machines and refrigerators.

If you have children you will want to save money to give them the clothes and books they need for a good schooling. Any extra money you may save for them gives them a better chance of a good start in life.

You may already have settled down to a comfortable home life. Then you will want to save money to buy a car, or a truck to help you with your work. Or perhaps you may want enough money to take a trip to Sydney to see the Show—you can save for that holiday.

Even if these were not good enough reasons for you to save, there are more. You will find it worthwhile thinking about them.

If you save you can be certain that if at any time you are ill or out of work, then you will have some money in the Bank to help you through that difficult period.

There is another good reason too. When your money is in the Bank it is absolutely safe. No one can steal it from you. If you left it at home, or in your coat, it could be easily stolen. The Bank will always pay you your money when you want it.

So why not think these things over—you will want to put your money in the Bank then, where you know it will be safe.

By banking some of your pay every pay-day you will get safety for your money. In addition, the Bank will pay you interest on your money—£2 15s. 0d. a year on every hundred pounds you save.

But there is another point worth remembering. Everybody respects the man who has money in the Bank. To save money shows that a man can not only earn it, but that he knows how to handle it too.

So why not go to the Bank today and open an account. You will never regret it if you save regularly.

In the next article you will learn of the benefits of saving for your children.

"If money can buy it—saving will get it."

A GRAND OLD MAN

“MUDGE” PHILLIPS

Harry Phillips (affectionately known as Mudgee) is a well known and highly respected figure in the Wellington District.

Mr. Phillips was born on the Diamantina River, Queensland, in approximately the year 1866. He was born on a Station owned by Sid Kidman and was early in life christened Wild Harry.

From the date of his birth he lived on the Diamantina until he was about 15 years of age and he was then taken to Adelaide and later to Melbourne.

He was in Melbourne at the time of the visit of the Prince of Wales in 1881 and he has vivid recollections of the celebrations at that time.

In about the year 1882 he returned to Adelaide and for a couple of years fought as a boxer. However, the call of the bush was too much and he eventually returned to Cooper Creek, Queensland, as a Stockman.

Mr. Phillips worked on various stations in Queensland and New South Wales until the early years of this century when he went to work at Brindley Park, Merriwa, for the late Mr. Albert Bellington. He worked at Brindley Park for a long period of time breaking in horses and doing general stock work. Eventually he came to the Gulgong and Wellington Districts and has lived in the Wellington District for the past twenty-five years. He was married at Peak Hill in the year 1922 and has three daughters and eleven grandchildren. His only son died many years ago.



Mr. Phillips is over ninety years of age but is remarkably active physically and is very alert mentally.

Until a few years ago he used to regularly take part in buckjump riding at Rodeos. His last appearance as a rider of that nature was at the Wellington Show two years ago.

On that occasion he rode some wild bullocks and although he was thrown on a couple of occasions he escaped without any injury whatever.

Mr. Phillips and his wife have recently been granted certificates of exemption from the Provisions of the Aborigines Protection Act. These certificates were granted to them in recognition of their good character and example to other aboriginal members of the community of Wellington.

Needless to say Mr. and Mrs. Phillips are intensely proud of these Certificates of Exemption.

Our Youngsters on Television

Grand time at ATN

Some of the children who were down in Sydney for the Summer Camp had a wonderful time when they visited Television Station ATN at Epping and took part in the Programme.



The television cameras get ready to "Shoot" whilst Superintendent Saxby stands by in the background and has a lot of fun watching.



Big smiles for the camera. The producer "briefs" one group whilst another is being televised.



Captain Fortune tells a story and the youngsters listen with great interest.

AT NUMBER EIGHTY-THREE

By Mrs. Grace O'Clarkin

(All names, except two, are those of Aboriginal people.)

Dedicated to the Happy memories of Union Street, Newtown,
1943-50:—

*Beth and Joyce Simpson.
Frances Briggs and Dawn McDonald.
Eddie MacKenzie and Jim Madden.
Albert Hill and Mrs. Rose Smith.
Alan Saunders and Ronnie Maher.
Claude and Harry and Merv. Williams.
Alex Grace and Cedric Nicol.
Keith and Nell Smith. (Connie—Self).*

At seven ev'ry Sunday night, so happy, gay and free,
We congregate where lights are bright at Number
eighty-three.

We climb upon the sideboard and clutter up the door,
We hang around the windows and we squat upon the
floor.

We go for entertainment that is very hard to beat;
If we're late arrivals we can never find a seat.

There's Beth and Frances, Dawn and Joyce,—There's
children by the score,
Who push and pinch and squabble for a possie by the
door.

There's Eddie with his saxophone and Jim of 'cordion
fame;
They play the songs we want to sing if we but call the
name.

Old Albert and his Ragtime Band; sings "How was
I to know".

He takes along his Broken Doll, to make the Party go.

Aunt Rose sings "Whistling Rufus" and about a
mountain peak
She's going to climb and find the lover she is out to seek.

Then Alan yodels long and loud—Oh! What a voice
has he.

He nearly makes the walls collapse at Number eighty-
three.

You'd think the "Ink Spots" were in town,—Those
famous Negro stars,

When Claude and Harry warble plaintively to their
guitars.

While Ronnie harmonises with his gumleaf music rare,
Till someonec oaxes Alex out to render "Grizzly
Bear".

When ev'ryone stands in a ring to dance the "Hokey
Pokey",

You're bound to see a lad or two sneak out and have
a smoke.

The tinies get beneath our feet, it seems they're
ev'rywhere

With runny noses, happy smiles and toffee in their hair.

The "Bobby Soxers" sway about, forgetting now their
"Hep",

As Ceddie strums his 'oom-pah-pah and softly croons
"Old Shep".

While Connie squats upon the floor and twangs a steel
guitar

Her fourteen stone spread all around the room so wide
and far.

Anyone will tell you Merv can sing if he but choose,
But he nearly "busts" himself on old "Saint Louis
Blues".

Then someone yells "It's Midnight!" and we know
poor Keith and Nell.

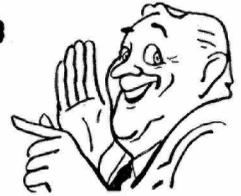
Although they like our music, want to wish us all
"Farewell".



An excellent black and white sketch by Betty Black of Murrin Bridge. Betty has been in hospital for some time and her drawings have helped her to while away the hours.



They say



TABULAM NOTES.

There have two recent births at Tabulam, Lynette Walker was born on 13th January and Virginia Walker on the 9th January.

Virginia Walker weighed only 2 lb. 13 oz. at birth, and is still at Casino Memorial Hospital, but progressing to their satisfaction.

Great progress is being made at Tabulam with a weekly garbage service now in operation.

Each Tuesday the residents put their garbage tins outside their front gates, and the garbage is emptied into the newly acquired horse-drawn cart by the Handyman.

A horse-drawn "Slide" has been made and the residents are now able to use this for drawing in their firewood, etc.

* * * *

HOME GARDEN BEAUTIFICATION SCHEME.

Home gardens are being improved by the use of the horse and cart for carting good soil from the river flats.

Gardens are being relaid, lawns relevelled, and paths and rockeries made. Garden seeds and seedlings are being provided and the vegetable gardens are not being forgotten.

The Station Parents and Citizens Association has purchased a motor lawn mower, which is hired out to the residents, who have made a fine job of their yard's and lawns.

Everyone has become garden conscious, and by next Spring, Tabulam should be the "Show Station" of N.S.W.

* * * *

OLD IDENTITY DIES AT BARYUGIL.

Susan Nicholls, a frequent visitor to Tabulam Aboriginal Station, passed away suddenly on Monday, 18th February, at the age of 87 years.

Susan was the "Mirrong", which means "Old or Head Lady", and was dearly loved by all.

A service was conducted at the station church by the Rev. Hilliard, Church of England Minister, and about 150 persons attended the burial at Tabulam cemetery.

With the passing away of Susan, the Manager, Matron, relations and friends, have lost a highly respected and dear friend.

PEN FRIENDS WANTED.

We have had a note from a young man away off in Darwin who wants some pen friends.

His name is Anthony Anderson and his address c.o. Box 122, Darwin, N.T.

Anthony would prefer his pen friends to be girls, and between the ages of 18 and 20.

He, in turn, is 23 years of age and interested in motor-cycling and all sports generally. He would like some photos of his pen friends.

* * * *

Joan Kelly, who used to live in Balranald, New South Wales, and now lives at 4 Buley Street, Hawthorn, Victoria, would like some pen friends between the ages of 17 and 24. Joan is interested in almost anything and would welcome pen friends of either sex.

* * * *

Brenda Heron, c.o. Post Office, Yamba, wants some pen friends between the age of 15 and 18, boys or girls.

* * * *

Some pen friends, either sex, between the age of 18 and 23 are wanted by Ken Laurie, c.o. Post Office, Yamba.

* * * *



A man's best friend is his dog! At least that's what Cliff Williams of Tabulam believes. Here we see him with his pet, "Rusty".

VEGETABLES FOR HEALTH

THEY ARE BETTER UNCOOKED

Most people are well aware that vegetables, particularly those freshly gathered, are "good for us."

There is, however, an increasing demand for more precise information on this subject, and this is no doubt partly due to the fact that home gardeners desire to grow those vegetables from which they will obtain the most food value.

A brief summary of the more important components of vegetables and why they are necessary for bodily health will no doubt be helpful to those who are seeking a little more knowledge on the subject. Vitamins A, B₁, and C only are mentioned. Other vitamins do exist, but if meals and diet are planned for a regular supply of the first three, it can be said fairly accurately that the remainder will also be assimilated in sufficient quantities.

Vitamin "C".

Most vegetables are a valuable source of vitamin "C". It is not derived in sufficient quantities from the other foods that we eat and it is necessary to rely almost entirely on vegetables and fruits for a regular supply of this necessary vitamin.

Vitamin "C" helps to build up bodily resistance to infection, makes for sounder teeth and gums, and is essential to maintain bodily "tone". It is not stored in the body and must therefore be supplied daily by a regular intake of the fruits and vegetables that contain it.

Unfortunately, it is rather elusive but with a little care it is possible to ensure that only a minimum amount is lost from the vegetables we eat. That is why fresh vegetables from one's own garden are so desirable; for instance, at ordinary temperatures Lettuce may lose 50% of their vitamin "C" content within a matter of hours after cutting and the loss in other leafy vegetables is similarly rapid. Over-cooking of vegetables also means the loss of vitamin "C" and the best method is to cook quickly with as little water as possible.

Tomatoes, which could be more correctly termed a fruit, fortunately lose very little of their vitamin "C" when stored, cooked or preserved.

Vitamin "A".

This valuable vitamin is provided in vegetables by Carotene which is contained in those varieties which are green or yellow in colour. It is named after the yellow colouring in Carrots which are richly endowed with Carotene. Unlike vitamin "C", it is not affected by cooking or dissolved in cooking water and the body can store it for future use.

Vitamin "A" is also important to bodily health, assisting the efficiency of the eyesight and protecting the linings of the nose, throat and lungs, etc.

Vitamin "B₁" (Thiamin)

This also is an important vitamin for bodily health, being necessary for normal functioning of nerves and the correct utilisation of sweet and starchy foods. There are, of course, other sources of vitamin "B₁" besides vegetables which, in the main, have it in only limited amounts.

Other Components

Vegetables also contain Carbohydrates (starches and sugars), Proteins, Calcium and other minerals, all of which are very essential. These, however, are mainly derived from other foods we eat and those absorbed by eating vegetables are actually supplementary but none the less valuable.

Green leafy vegetables also provide Riboflavin, without which there is always evidence of skin and eye disorders with, perhaps, premature ageing.

Those interested in learning more on this subject should write to their nearest Department of Health. The Department of Public Health of N.S.W. publishes a handy booklet, "Food and Nutrition," which is available free.



OUR ROVING CAMERAMAN

THE aboriginal people in this State are scattered over a wide area, so far apart that many of them may never meet, but the magic camera can bring to us intimate glimpses of these people and enable us to become better acquainted with each other.

If you have photos at home, similar to those you see published in *Dawn*, send them along and thus add to, and maintain, the interest in your fellow men and women.



A couple of handy fellows to have around the woodheap, Jack Williams and Bill Green.



Albert Robinson and August Torrens are two tough men to meet on the football field.



The Cameraman found young William Newman of Karuah out among the tall timbers.



There's music in the air when Robert Reid of Condobolin practices on the school accordion.



This smart young fellow is Neville Williams of Tabulam.



Another shuttlecock player. This time Jim Newman of Condobolin.



Another member of the Newman family from Karuah. This time its Alf.



A couple of mischievous youngsters. What are they up to now ?



Myrtle Byrnes of Wellington posed for the camera with some of her young friends.



Jean Newman and Merle Cummings of Condobolin practice on the school recorders.



Three young people from Moree. Meet Keith Roberts, Janice Roberts and Mervyn Sampson.



Sixteen year old Patricia Cook who assists her brother share farm at Barrington.



A late picture from Wallaga Lake shows Joy Walling, Errol Stevens and Santa.



Ray Brian of Condobolin puts plenty of energy into a game of shuttlecock.



Betty Bartley of Wellington and young "Possum."



BRIGHT AS A BUTTON

Blouses are so easy to launder and iron when buttons aren't sewn on. Longer wear for fragile buttons too! So when you next make a blouse make button holes on both sides of the front opening. Then sew the buttons on a strip of grosgrain ribbon, spaced as far apart as button holes. To fasten, simply button through both holes. You can then add new zest to your blouses with a change of buttons and no extra effort!

ON THE SPOT

When you get a small spot on your new suede shoes, you may find it will quickly disappear if you sand over it light with the fine side of an emery board. Use a circular motion and the matted-down nap will quickly soften.



Meet Mr. Everingham, an old and respected resident of La Perouse.

WHAT A PICKLE!

Green tomato pickle or relish will keep better and have more flavour if one tablespoon of olive oil is added to every three pounds of tomatoes.

QUICK COLOUR CHECK

If you want to find out quickly what paint will look like when it's dry, put a dab of it on a clean white blotter. The blotter will soak up the solvents and the colour patch will appear dry. It will be the same colour as the dried paint.

A FEW MORE INCHES

With clean plastic tape, fasten part of a tape measure along the base of your sewing machine. Tape can easily be removed and won't damage surface—and you have a quick check for button placement, hem and pleat widths.

CARROTS AND ONIONS

Sliced carrots and onions are delicious cooked together slowly in a little water. Use this water with milk to make a sauce to be served with these vegetables. Top with grated cheese or chopped parsley.

BUDDING ARTIST

When the kiddies are painting you'll find there's less clearing up to be done if the mixed paint is put in the sections of an infant-feeding dish, which is broad based and fairly solid. For beginners, the three sections give enough colour selection.

JUST A THOUGHT

Small boys and girls often enjoy shelling peas, sorting the contents of small drawers, polishing silver and doing other sitdown household tasks. It's a good hint to help them help you!

For stubborn Screws

Get more push on screw-driving when you are dealing with hard-to-turn screws, by covering the end of the screwdriver handle with a bottle lid. It protects the palm of the hand, and lets the screwdriver turn more easily because of less friction. Use a lid which best fits the handle so that it doesn't slip when you bear down on it.

The Boxer and his Bible

Coogan Brown has plans

Aboriginal welterweight Coogan Brown is training for his most important fight—against evil.

Coogan is saving his glove earnings to buy a truck and tour Australia as a missionary, spreading the Good Word among his people.

Coogan's wife will accompany him.

She sings hymns and he plays the guitar.

Coogan is a slim, 5 ft. 10 in. southpaw.

He is 24 and sports a thin, elegant moustache and sideburns.

Reads Bible twice a day

Coogan belongs to the Baptist faith, reads the Bible morning and night and has a preference for the New Testament, particularly the Book of John.

Brown, who was born at Taree, is a timber-worker in the Wellington district.

His right name is Jim Simon.

He took the name Brown for fights because he was an avid reader of Carter Brown detective stories.

For some obscure reason somebody tagged him with the nickname "Coogan".

He has a brother fighting also as Brown, nicknamed "Elvis", because he listens to records of the adenoid-contortionist Presley.

Coogan packs a hefty punch.

He has had 38 fights, losing only three.

Many of his wins have been by knockout.

His latest was in Melbourne recently when he stopped Victorian welter champion Tom Sloan in the seventh round.

Coogan finds that in the boxing ring as in spiritual belief, Right is Might.

Backyard Gymnasium

He is a softly-spoken unassuming character who doesn't smoke or drink.

He does six miles of roadwork a day, boxes in a gymnasium in his backyard and for speed hitting practises on a tennis ball fastened to floor and ceiling by a rubber strand stretched through the ball.

Coogan said "I have a brother a preacher at Taree.

"He boxed under the name of Tony Simon and trained with Dave Sands.

"He is a full-time worker among the aborigines, and I want to be the same—a member of the United Aboriginal Mission.

"I want to preach the gospel all over Australia.

"My wife and I have sung and played the guitar over the air at Dubbo.

Takes Bible to fights

"My daughter, Marjorie Dawn, as well as my wife, will go with me on my missionary work.

"Sometimes I take the Bible to my fights.

"I find it a great help in fighting life as well as my opponents.

"It keeps my mind at ease.

"Although my daughter is only two, she understands.

"She cries for me at night to read the Bible to her."

Coogan played Rugby League football at Wellington as outside centre.

He was a try-scorer and goal-kicker.

Coogan gave up football for fights.

They'll put more punch in his missionary campaigns.



Another fine black and white sketch from Betty Black of Murrin Bridge. This young lady promises to be an accomplished artist.

Meet some Tabulam Folk



When the Minister for Education, Mr. Heffron, M.L.A., visited Tabulam school recently he was most impressed by the neat appearance of the youngsters and their obvious good behaviour. He was even more impressed by their singing for the school choir has earned itself a very great deal of praise in the past few months.



Ray Mercy and Les Exton of Tabulam have reason to be proud of their fine catch of tortoises. A real delicacy.



A real champion in the making is young Daryl Robinson of Tabulam. It won't be long before he can stand on his own.



Tabulam has many pretty girls and here we meet two of them, Marie Green and Kate Torrens.



This debonair young fellow is a very well known Tabulam identity, Rex Williams.



This is the Tabulam Aboriginal School choir which recently did a national broadcast.

HEALTH HINTS

MUMPS.

A. NATURE OF THE DISEASE.

1. *Mumps is infectious (or "catching").*

Mumps is an acute infectious disease characterized by inflammation of the salivary glands, especially the parotid gland, and frequently occurs in epidemic form. It chiefly attacks children between the ages of 5 and 15 years, although younger children and adults may be affected. It is rarely fatal, but may cause great distress and disability while the attack lasts. It is commonest in the Winter and Spring.

2. *How infection is spread.*

The infection is caught from a person suffering from, or sickening for, the disease. The infective material is contained in the secretions of the nose and mouth of the patient, even a day or so before he shows signs of the disease, as well as during its course. It is usually spread by direct contact with a patient, occasionally by means of articles, such as a cup or a spoon, contaminated by him.

3. *Time between infection and illness.*

About three weeks usually elapse between exposure to infection and the development of signs and symptoms. The interval may, however, be as short as twelve days or as long as twenty-four.

4. *Signs and symptoms of Mumps.*

The onset of the disease usually shows itself by a feeling of chilliness, followed by fever, headache and loss of appetite. There may be pain in or behind an ear, and pain is felt in swallowing. This is followed by swelling and tenderness just below and in front of one or both ears, extending later to the cheek and down the neck behind the angle of the jaw. The swelling is usually greatest on the second day, and begins to subside about the fifth day, disappearing about the tenth day. This swelling is due to inflammation and enlargement of the parotid gland.

Glands in other parts of the body may be affected, especially in adults.

Vomiting and stiffness of the neck may occur during the first few days of the illness.

5. *Care of the patient.*

The patient should be promptly isolated and put to bed on the first signs of illness, and children should remain in bed as long as there is any fever and for an additional day. Adults should remain in bed at least a week, preferably ten days, in order to avoid complications.

Warmth applied to the face and neck is comforting, especially a warm cloth tied around the face, or warmth applied by means of a hot-water bottle or hot fomentations. The mouth should be rinsed out at intervals with warm water, the washings, which contain the infective material, being carefully disinfected.

B. HOW TO AVOID MUMPS.

6. *Precautions against infection.*

Do not let a child go near a person suffering from mumps, unless the child has previously had the disease. During an epidemic, avoid fatigue and see that adequate sleep is taken. Avoid, as far as possible, mixing with crowds in cinemas and elsewhere.

One attack of mumps usually protects for life against a second attack.

C. HOW TO PREVENT THE SPREAD OF INFECTION.

7. *The patient must be kept isolated.*

As soon as the nature of the illness is suspected, the patient should be separated immediately from those in the household who have not had mumps and kept isolated until the swelling has subsided.

8. *Disinfection of eating utensils.*

Separate eating and drinking utensils should be reserved for the patient, and should be disinfected by boiling or other means after each use.

9. *Discharges from patients.*

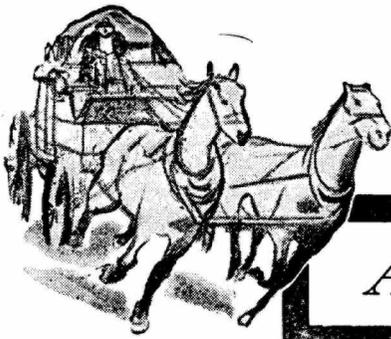
Discharges from the nose and mouth should be received on cloths, which should be burned or otherwise disinfected.

10. *Precautions to be taken by attendants.*

Each time after attending to the patient the hands of the attendant should be washed and dipped in a disinfectant solution.

11. *Exclusion from school.*

A child suffering from mumps should be excluded from attendance at school, Sunday school or cinemas until 3 weeks after the onset of illness or until a doctor certifies that he is not liable to convey infection—minimum period of exclusion, 2 weeks. Contacts need not be excluded from school.



ALONG THE MAIL ROUTE

TABULAM GOES TO THE BEACH

As approximately half the children of the Tabulam Aboriginal School had never seen the sea or enjoyed a day at the beach it was decided to spend a day at Evans Head instead of the usual Christmas Dinner. The Board had made a donation of £5 to celebrate the win in the Festival at Lismore and the children voted that this money be used to provide for the 80 mile trip to the beach.

Everyone worked with a will to raise the money for the trip. Children had penny collections every Friday, the women baked cakes for stalls, Henry Daley sold fruit and on one occasion the teacher and his wife made six dozen pies which were sold.

The Evans Head Progress Association made a donation of £10 to the expenses and the ladies of the Red Cross and C.W.A. agreed to do all the catering at cost which was a marvellous, and a much appreciated, act of goodwill. The first sounds of activity were heard at 3 a.m. and everyone was ready at least one hour before the scheduled arrival of the bus.

The concert party left at 5.30 a.m. by truck, the bus with the women and children left on time at 6.30 and the truck with latecomers left at 7 o'clock.

On arrival at Evans Head the ladies had a big marquee fitted out for the serving of meals and everyone sat down to a delightful morning tea. Then it was a mad scramble on to the miniature train and a surf. The children who had never surfed before were delighted with the large expanse of water and proceeded to thoroughly enjoy it. With only short breaks for meals and refreshments the children enjoyed the water all day.

Some of the adults had to be coaxed into the water and then had to be coaxed to get out. "Rusty" Robinson, the handyman, was a little over-awed but not so his wife, Freda, who thoroughly enjoyed it. Surfing is quite a thirsty business so that possibly explains how twenty dozen icy poles were consumed in a half an hour. Bradford is reputed to be the champion having eaten eight.

After supper and a cold shower the concert in the open air began and the visitors performed to an audience of at least 300 people. All the artists were clapped and cheered but none more than the Laurrie sisters in their Hula act and Johnny (Ray) Hickling whose rock and roll numbers proved a hit.

It had been arranged that the collection should be divided between the C.W.A. and Red Cross, but these organisations with the same generosity as previously exhibited, refused to take any share of the £14 collected and donated it to the School P. & C. Association.

The choir, which was to be the star attraction of the concert, was thoroughly exhausted by their strenuous day and were only able to sing two numbers.

Finally, everyone arrived home in the very early hours after a very happy, if strenuous, day. The writer found it a very difficult job presenting himself for work next day and all over the station could be heard contented snores issuing from every house.

We hope that those generous hard working people of Evans Head, who made this day possible, realise the pleasure that they brought these people.

If they do then maybe their work was well worthwhile. Our thanks must go too to Mr. Bruce Lee, Headmaster of Tabulam Public School, whose work on that day made everything much easier.



Look out here comes trouble . . .
a whole barrow load of it.

On the Cootamundra Scene

AT THE GIRLS HOME



Cootamundra Girls Home has very pleasant memories for a lot of girls and this will be a familiar sight. In the foreground is Mrs. Healey, Acting Matron.



A happy group of Cootamundra girls waiting for the bus to take them to school.



Some of the girls—Alice Edwards, Nancy Hill, Margaret Egins, Elizabeth Loaf, with Richard Murray and Denis Jackson.



This is the small girls dormitory at Cootamundra . . . all spick and span.

ABORIGINAL MEMBER OF THE BOARD

To be Appointed This Year

The term of the present aboriginal member of the Board—Mr. P. M. Gibbs—expires next August and shortly prior to that date, an appointment for the next three years is to be made.

If an election is necessary your name must be on the roll, otherwise you cannot register a vote or be one of the nominators of a candidate.

Are you over 21 years of age ?

Are you of aboriginal blood ?

Have you lived in N.S.W. for more than six months ?

If the answer is yes to all three questions you are eligible to vote, *but you must be enrolled.*

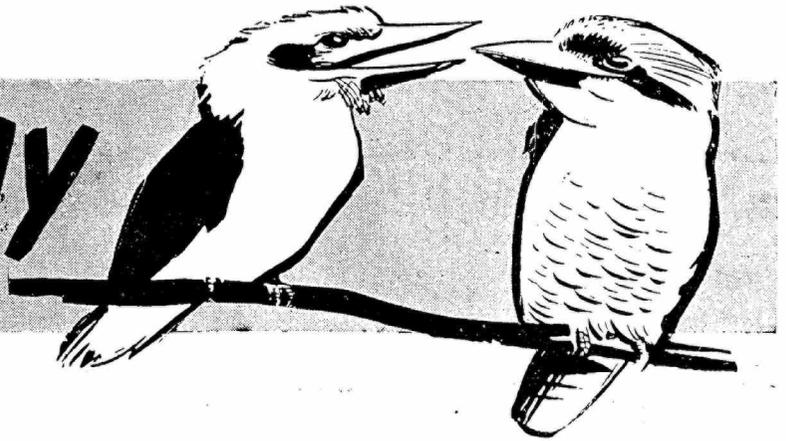
The Roll is now being compiled and if you wish your name to be on it you should see your Manager or Welfare Officer—they have the forms which you must fill in.

Easier still. Fill up the form on page 16 of this issue and post it to—

The Secretary,
Aborigines Welfare Board,
Box 30, G.P.O.,
Sydney.

Do it NOW.

THEY SAY



Wilcannia News

Doug Young of Wilcannia had a nasty fall from a horse a few months back and is still a patient in the Broken Hill and District Hospital. Keep your chin up, Doug. We hope that by the time this goes to print, Doug will be back with his family.

The following persons are to be congratulated on their efforts towards improving their homes:—

Mr. and Mrs. Wyman commenced painting their home, and laid down a lawn.

Mr. and Mrs. Jim Bates—painting and other improvements.

Joy Hunt, Bob Wilson, Grannie Quayle, Chris Young, Mr. and Mrs. Harris, and Mrs. Hunter—All these people have started flower gardens or laid down lawns and have done some painting.

Grannie Moysey has returned to Wilcannia after her holiday at Murrin Bridge.

Ernie Hampton has accepted an offer to play Rugby League Football for Gloucester, and this boy is expected to go places this season. His performance last year was outstanding; and we wish him luck in his new venture. Ernie's brother, Bob, is still around Wilcannia and is expected to play for Wilcannia again this year; Bob is also a very good football player.

Laurie Quayle has taken up residence at White Cliffs again after several years around Wilcannia and Wanaaring. He is expected to take part in the operation of a Service Station at that Centre. Nothing like the old beat, is there Laurie?

Sporting Achievements of Aborigines

A suggestion has been made by Mr. John Quayle, Aboriginal Supervisor of the Reserve at Wilcannia, that a page in *Dawn* be devoted to recording the sporting achievements of aborigines. *Dawn* would be glad to follow this suggestion and would welcome news of this nature.

Nambucca Heads — Rotary's Grand Job

The Rotary Club of Nambucca Heads has recently completed the playing field for the use of the residents of the Nambucca Heads Reserve. The sports equipment supplied by Rotary, and subsidised by the Board, is being made full use of. Football and cricket, basket ball and soft ball, are games which the people can now engage in to their hearts content.

The building of this ground was a big job entailing the use of a bulldozer and two men for seven days. Also, 50 three-ton truck loads of sawdust was carted to the site by Messrs. Andrew and White without charge.

Many thanks, Rotary, your efforts are much appreciated, and the thanks of the people of Nambucca Heads Reserve will be reflected in the good use they will make of this amenity.



Meet Dulcie and Billy Boney of Ingalba, via Walcha, Brenda Edwards of Moree and Mrs. Brummil of Tingha.

COMPLETE THIS FORM

If YOU want YOUR name on the Roll for the Election of the Aboriginal Board Member.

SURNAME (BLOCK LETTERS).....
Christian names (in full).....
Age last birthday..... Sex..... Caste.....
Postal Address.....

I, the undersigned, hereby declare that I am an aborigine or person having an admixture of aboriginal blood, not under 21 years of age and have been resident in the State of New South Wales for a period of at least six months immediately preceding the date hereof. I further declare that I am the person referred to above and claim the right to vote at the election of persons for nomination as members of the Aborigines Welfare Board, as provided in section 4 (2) (b) (viii) of the Aborigines Protection Act, 1909-1943.

Dated this..... day of....., 19.....

Signature or Mark.....

I declare that.....
is well known to me and is an aborigine or person apparently having an admixture of aboriginal blood.

Signature.....

Capacity in which Witness signs.....

A Witness may be a Justice of the Peace, a Police Officer, a School Teacher or an Officer of the Aborigines Welfare Board.

When you have filled in this form, post it to The Secretary, Aborigines Welfare Board, Box 30, G.P.O., Sydney.

ABORIGINAL PILOT SOUGHT

Nationwide Search Begins

An enthusiastic meeting convened in Sydney recently by the Aircraft Owners and Pilots' Association, formed an Aboriginal Flying Scholarship Committee and decided to begin immediately, the search for a suitable aborigine to be trained as an airlines pilot.

The Scholarship Committee comprises Mr. K. M. Moloney (Hon. Secretary), Secretary of the Aircraft Owners and Pilots' Association; Mr. Colin Davis, Editor of *Dawn* and former wartime pilot; Mr. Michael Sawtell, well-known author and traveller and member of the Aborigines Welfare Board; Mr. L. R. Jones, Secretary of the Royal Aero Club of New South Wales; Mr. Allen Mogg, Secretary of the North Shore Aero Club; Mr. G. Hardy, pilot member of the A.O.P.A.; and Mr. Bruce Miles, well-known city solicitor and former Bomber Command pilot.

Mr. Davis said, "Full credit must go to the A.O.P.A. for this generous and ambitious effort to prove that our aboriginal people, given the proper training, can take their rightful places in the world of industry or commerce. This is only the beginning and I am sure we will all be pleased and amazed by the results achieved".

Every State in the Commonwealth will be canvassed to find a young aboriginal man of predominantly native blood, between the ages of 18 and 25, who has the Intermediate Certificate or its equivalent, and who is anxious to learn to fly.

He will be given an 18 months flying training course and all his expenses, including board, pocket-money, etc., will be paid.

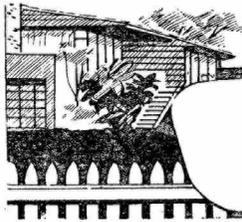
The Royal Aero Club of New South Wales has offered to train the selected candidate up to Commercial pilot standard of 160 hours and the Wagga Air Taxis and Flying School have guaranteed part-time employment when he has graduated, until a permanent suitable position is found.

The College of Civil Aviation will provide a free ground instructional course.

Mr. Davis explained that as the course will cover a period of some 18 months, and many expenses have to be met, it was hoped the public would support the Scholarship financially, and perhaps make it possible for more than one young aboriginal to be trained.

The Rev. G. McArthur of New Guinea, who uses his own plane to visit his parishioners, has sent £5 to the fund, and the Aircraft Owners and Pilots' Association donated £50. Non aborigine readers who receive *Dawn* regularly may like to make a contribution to this worthy cause.

Enquiries or donations should be addressed to Mr. K. M. Moloney, Secretary, Aboriginal Flying Scholarship, Box 2912, G.P.O., Sydney.



HOME HINTS



The Kinchela School mare is the proud mother of a foal, born last November.

Certain acids, such as lemon, vinegar and pineapple, are liable to stain fine china. When any of these have been served the plates should be rinsed as soon as possible after use, to prevent the acids from either biting into the pattern or causing a stain.

* * * *

Not all of us can sleep through night noises especially if we're away from home with new sounds to disturb us. Those who are kept awake at night can find comforting relief in wax ear plugs. It may take a night or two to get used to them, but they are really effective. These can be made at home, as follows: Pare finely a small amount of wax candle; add a little olive oil. Mould with the fingers until the wax and the oil adhere. Form into balls of the required size and shape and tie them in small pieces of fine lawn or linen. The plugs mould themselves into the ears when pressed in, and deaden sounds in the most sleep-inducing manner. An alternative for those with very tender ears is to soak pieces of silky-fine cotton-wool in glycerine and stuff into the ears, renewing them every three or four nights.

* * * *

Heat marks on furniture defy most methods of removal, and if the surface is badly damaged only professional treatment will cure the trouble completely. Superficial marks often yield to patient roundabout rubbing with a pad of cotton-wool sprinkled with metal polish. This also dulls the polish, but it is soon brought up again by rubbing with a good furniture wax.

Scratches on dark furniture can be disguised if filled with dark boot polish and left to soak in overnight—the friction will soften and warm it. Next day the wood should be rubbed with a clean, soft cloth before the usual polishing. This treatment may need to be repeated several times if the scratches are deep.

* * * *

When storing woollens or furs for any length of time an excellent way to defeat the designs of moths on these treasures is to place them in plastic bags, sealing the open end with a warm iron (used over brown paper). To make doubly sure, scatter among the woollens some crushed crystals of paradichlorobenzene. (If this tongue twisting name is too much for you, give the chemist the first three syllables and he will know what you mean.) It is also worth remembering that moths hate the smell of new unbleached calico. Make a bag large enough to take a fur coat, then tie the mouth tightly with string.

* * * *

Grass stains on clothing will usually yield to a rubbing with methylated spirit. The same treatment is effective with ink-spots from a ball-point pen.



A big smile from Patricia Morgan of Coraki.

BEWARE—THE FLY!

He is Man's Greatest Enemy

A fly in the milk may mean the loss of your baby therefore :—

Kill off the flies as they appear.

Protect all food (especially milk) and remove all scraps and crumbs from the table immediately after every meal.

Place all garbage in water-tight metal receptacles and always keep the receptacles covered and the contents dry.

Horse manure should be removed from premises at least once in every seven days.

Do not allow any accumulation of rubbish or refuse to remain about the house or yard, wherever possible burn up these materials.

If a pan closet is in use, add two large tablespoonfuls of blue oil or kerosene to the pan every second day. They are much better than ashes or sawdust in keeping down flies. Cesspits, if present, should be liberally treated with chloride of lime or phenol.

Keep flies away from sick persons and any bowel or other discharges.

Keep flies from the house by means of close-fitting wire-gauze screens over all external doors and windows.

TO KILL FLIES IN HOUSES.

1. A good fly-spray is an effective means of killing flies in the house. There are several reliable brands on the market.

If it is desired to make up the fly-spray in bulk the following recipe may be used :—

Pyrethrum powder	1 lb.
Kerosene	1 gallon.
Oil of Wintergreen	3 fluid ounces.

Place the powder in the kerosene. Leave it overnight to soak. Filter through fine muslin. Add the oil of wintergreen and shake well.

After spraying the room thoroughly, keep the doors and windows closed for ten minutes to obtain the full effect. Sweep up the flies which are found dead or stunned.

2. In hot weather, when flies get thirsty, they may be poisoned by the following method :—

Mix one tablespoonful of formalin (obtainable from any chemist) in one pint of lime-water. Add a little milk and sugar, to make the mixture attractive to flies.

Place some of this mixture in shallow dishes or plates (on shelves above the reach of small children or domestic animals) and in each plate put a piece of bread or crumpled blotting-paper, to enable the fly to alight and drink.

Note.—This mixture is poisonous, though not extremely so to human beings. Use it with care, so as to avoid accidents.

3. Fly-glue or tanglefoot may be made by heating two parts by weight of powdered resin and one part by weight of castor oil in an old saucepan, stirring until dissolved. This mixture, whilst hot, should be thinly painted on sheets of glazed paper or on lengths of string or wire, which may be suspended from the ceiling. This mixture will keep for a long time, but must be melted by heat when required again. Lengths of wire, when loaded with flies, may be cleaned by placing them in the fire and the wires repainted with the mixture.

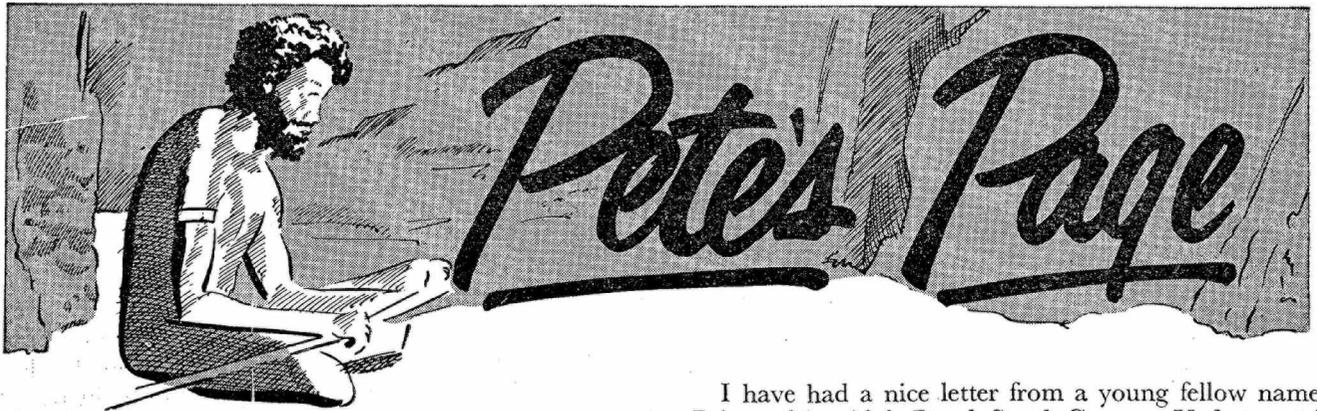
4. Fly-traps of glass or other material, baited with honey-and-water or some similar substance, help in removing flies from the house.

TO KILL FLIES ABOUT GARBAGE TIPS AND NIGHTSOIL DEPOTS.

Sodium Arsenite mixture.

Dissolve one half-pound of sodium arsenite in 5 gallons of hot water. Stir well and add 5 pounds of sugar or treacle. Branches of trees with firmly set leaves, empty tins or similar objects may be dipped in the solution and hung about garbage tips, nightsoil depots, and similar places where flies abound.

As this solution is very poisonous, great care must be taken in using it.



Hello Kids,

My word this year is slipping away, isn't it. Here we are in the fourth month already. (Did you get caught on April Fools' Day?)

This is the month we have the wonder Royal Easter Show in Sydney and also, more or less, the beginning of Winter with those cold days. Still we can't have all Summer, can we? Yesterday I had a nice little note from Helen Clarke of Cootamundra and some nice sketches too. Thanks Helen. Lets have some more.

I had some really excellent pencil drawings from Betty Black of Murrin Bridge Station and they win her a special prize. But please Betty will you do them in ink next time as they are so hard to reproduce in *Dawn* if they are done faintly in pencil.

A couple of very delightful colored drawings from Eileen Thomas of Wreck Bay, too. Just missed out on a prize this time Eileen.

By the way kids, Eileen is 14 years of age and wants some pen friends; how about it?

Well now look at this. The postman has just brought me in another letter from Betty Black but now I find she is in Ward No. 3, Thoracio Unit No. 4 of the Royal North Shore Hospital, St. Leonards. Poor Betty has had rather a bad time and may be in hospital for a good while. She wants some pen friends, from anywhere. So now kids do the right thing will you. Don't let her be lonely.

I have also had a nice newsy letter from Valerie Wenberg. Val is working with Mrs. Kingsley, the Grove, Cootamundra. She tells me she has taken over from Nada, who is now working for a doctor in Sydney. Valerie tells me she has some nice pets, including a very tame lamb, but as she lives some seven miles out of town she gets very lonely sometimes and would love some pen friends. She writes the most interesting letters so how about some mail for her.

I have had a nice letter from a young fellow named Brian, of Armidale Road, South Guyra. Unfortunately Brian hasn't given me the rest of his name. He was telling me all about going to the Guyra Show. He told me he was interested to see the Ferris wheel for the first time but it looked a bit too high so he didn't go on it. He saw the local champion, Colin Foot, in a bout with Alfie Sands, but, he tells me, Alfie was too good. Well thanks Brian, but don't forget the name next time.

I see a nice sketch here too from Kenneth Leonard of Coonamble. Let's have some more Ken, will you.

A nice sketch from Albert Dennison, c.o. Post Office, East Moree, and a rather lonely letter. Albert says "I have made the grade for High School with the help of the people of Boggabilla, and I'd like to thank those people and give them my word I'll try very hard, for their sakes and for mine. I feel lonely in Moree having nothing to do when I come home from school but just sitting round staring into space. I'd like something to keep me busy, like some pen friends from Dubbo or La Perouse." O.K. kids, what about some letters for Albert.

Richard Ballangarry, of the Railway Settlement, Auburn, is in third year at High School, but he reckons he has too much homework to do. However, he says he's determined to get his Intermediate Certificate this year. Good for you Richard. Homework is very tiresome sometimes but it is very necessary if we wish to succeed.

Richard sent me two poems and a nice sketch. A special prize to you too, Richard, for those poems.

Two more very nice letters have just come in.

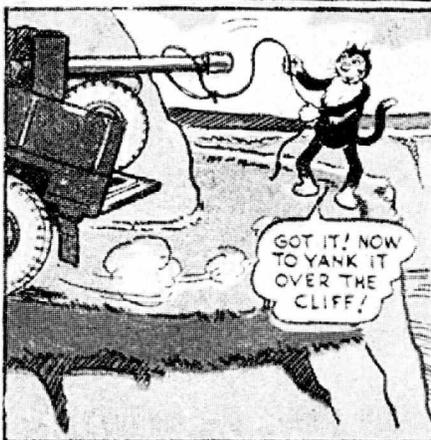
The first is from Irene Roberts, of Cubawee, and was accompanied by a nice sketch. The second was from my old pal, Carol Donovan. Thanks, Carol, for that nice newsy letter.

You know kids, we often mention Nana Glen, but how many of you know where it is? Well here's a most interesting letter from 13-year-old Charlie Heron of Nana Glen Rail, and it will explain a lot of things. (Thanks very much for your letter, Charlie, and a special prize to you.)

Charlie said: "I was to have gone to Coffs Harbour High School this year but my father thinks I should wait till next year. My brother Ronnie and I and all

KORKY THE CAT

SOME SOLDIER LADS GO FISHING BUT VERY STRANGE TO SAY, THEY KEEP JUST HALF OF WHAT THEY'VE CAUGHT - KORKY RIDES THE REST AWAY!



our white friends walk one mile to Nana Glen School. We live at Nana Glen Rail because it is on the railway line. We are the only dark family here. Nana Glen Rail is between Coffs Harbour and Grafton. It is really called the Orara Valley. Coramba is 7 miles from Nana Glen and that is where they make the famous Peters Ice Cream, with milk from the Orara Valley. Also this is a banana growing area. We are 10 miles from the Pacific Highway, but nevertheless we see a lot of people go by in the passenger trains. My

father is a railway worker. *May Dawn* survive from year to year, for many years to come."

Well Kids, that's all for this month. Cheerio.

Pete



These are the things to grow in May:—

FLOWER SEED SOWINGS

Acroclinium (Everlasting)	Cyclamen	Mimulus (Monkey Flower)	Sweet Sultan (Centaurea)
Ageratum	Delphinium	Nemesia	Sweet William
Alonsoa	Dianthus	Nemophila	Sweet Wivesfield
Alyssum	Everlasting Daisy (Acroclinium)	Nierembergia	Verbena
Antirrhinum (Snapdragon)	Gaillardia	Painted Daisy (Annual Chrysanthemum)	Viola
Aubretia	Geum	Pansy	Virginian Stock
Bellis Perennis (Double Daisy)	Gloxinia	Pentstemon	Wallflower (Early).
Calendula (Broad- leaved Marigold)	Godetia	Phacelia	
Calliopsis (Perennial)	Grasses (Ornamental)	Poor Man's Orchid (Schizanthus)	
Candytuft	Gypsophila	Poppy (All varieties)	Flowering Bulbs
Canterbury Bells	Heliotrope (Cherry Pie)	Primula	See February.
Carnation	Heuchera	Pyrethrum	Also plant—
Centaurea (Cornflower)	Ipomopsis	Saponaria (Big Gyp)	Calla
Cheiranthus	Larkspur	Scabiosa (Pin Cushion)	Lily of the Valley
Chrysanthemum (Annual)	Leptosyne (Yellow Marguerite)	Schizanthus (Poor Man's Orchid)	Sprekalia (Jacobean Lily)
(Painted Daisy)	Linaria (Toad Flax)	Snapdragon (Antirrhinum)	Tuberose
Clarkia	Lobelia	Stalice (Sea Lavender)	Stock
Cornflower (Centaurea)	Lupin	Stock	Zephyranthes.
	Marigold (French)	Sweet Pea	
	Mathiola (Night- Scented Stock)		
	Mignonette		

VEGETABLE SEED SOWINGS

Bean (Broad)
Cabbage
(Early Sorts)
Cress
Leek
Lettuce
Mustard
Onion
Pea (Mild districts)
Radish
Spinach
Turnip.

Planting Guide

Repeat the plantings
for April with the
addition of:
Summer Fruits
(Apples, etc.)
Grape Vines
Strawberries
Berry-Bearing Plants
(Raspberries, etc.)

Roots, Tubers, etc.

Asparagus
Garlic
Herbs
Mushroom Spawn
Rhubarb